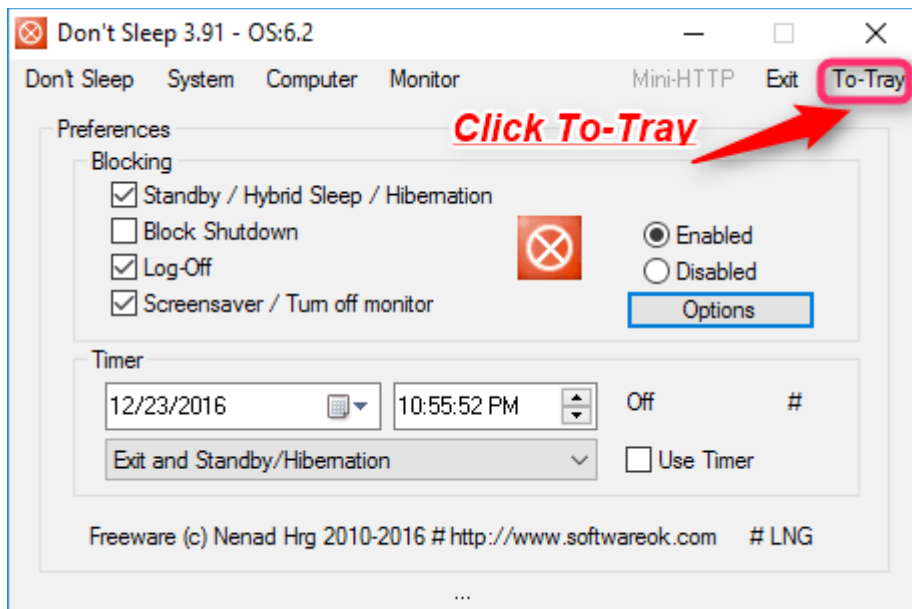


Macrium Reflect Backup Instructions

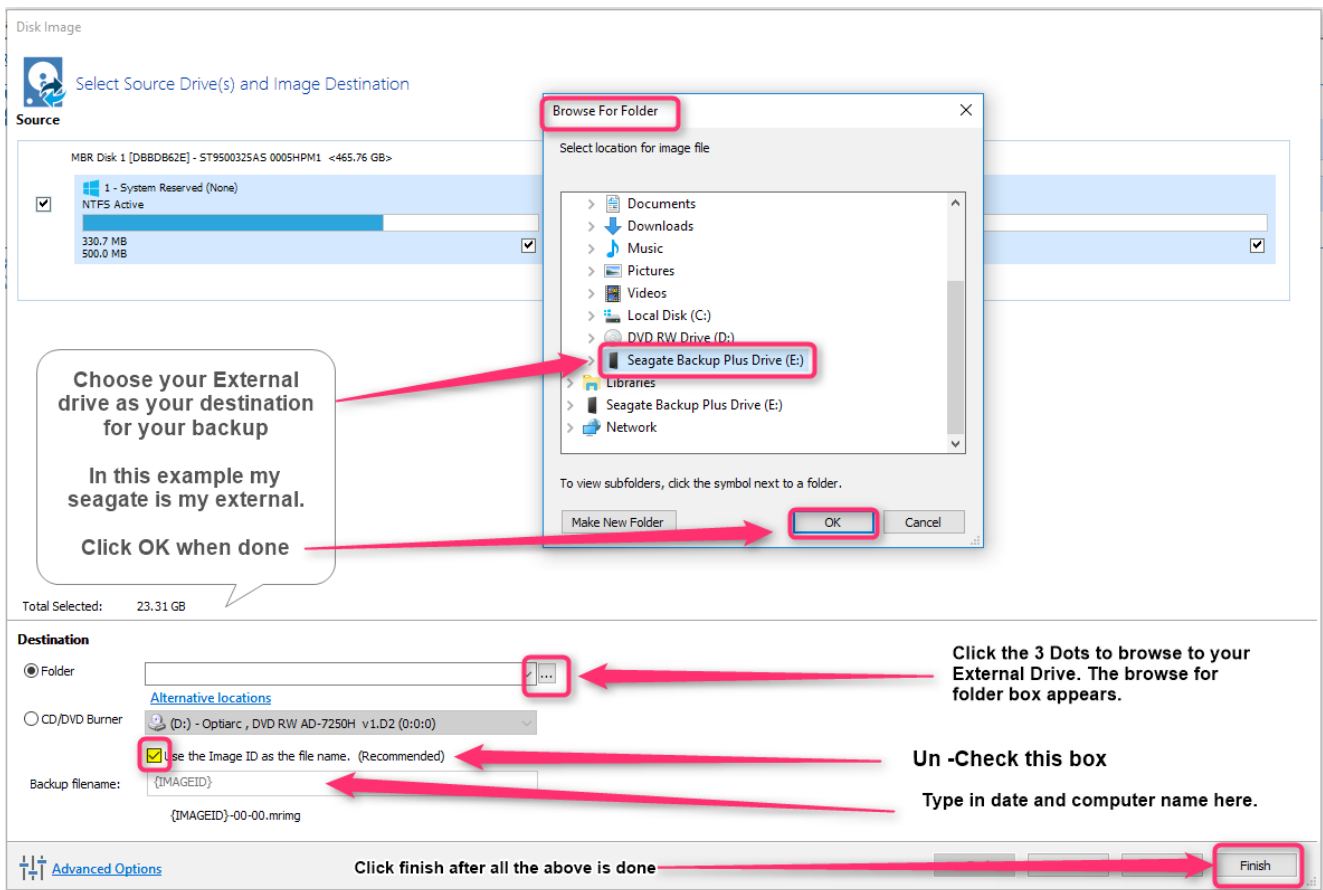
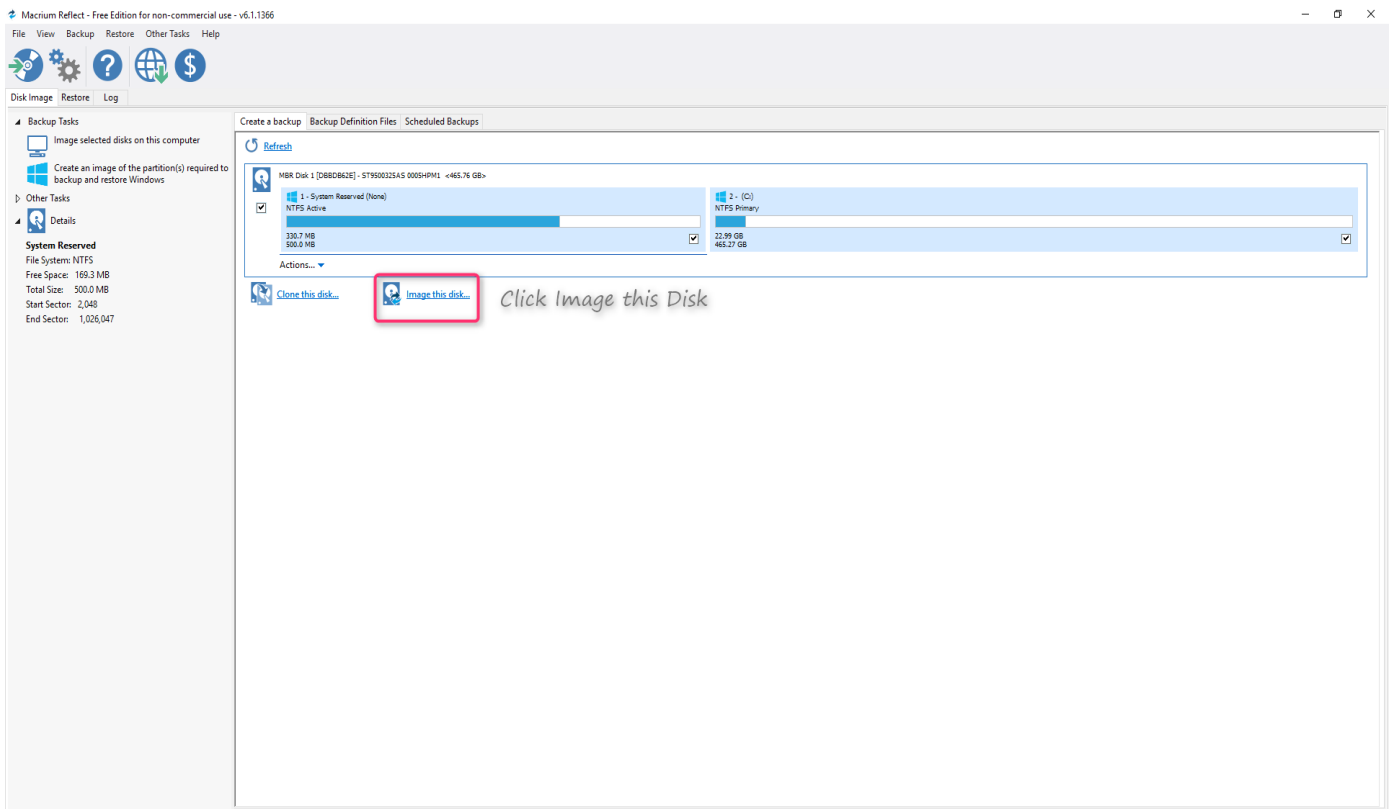
I suggest making these backups **MONTHLY**

Unplug External when done...Do NOT keep it plugged in all the time.


First thing...Open Dont Sleep 




Next Open Reflect 
Update program if prompted.




 Refresh

 MBR Disk 1 [DBBDB62E] - ST9500325A5 0005HPM1 <465.76 GB>

 1 - System Reserved (None)
NTFS Active


330.7 MB
500.0 MB

Actions... ▾

 2 - (C:)
NTFS Primary

22.99 GB
465.27 GB

 [Clone this disk...](#)

 [Image this disk...](#)

Uncheck this Box



Backup Save Options

What do you want to do now?


Run this backup now

Save backup and schedules as an XML Backup Definition File
You can run this backup at any time by double clicking the saved XML file.

Enter a name for this backup definition.

My Backup

C:\Users\Owner\Documents\Reflect\My Backup.xml

Click OK 

power saving: N
Email On Success: N
Email On Failure: N
Total Selected: 23.31 GB

Destination:
Backup Type: Full
File Name: E:\Type computer name and date here-00-00.mimg

Operation 1 of 2
Hard Disk: 1
Drive Letter: N/A
File System: NTFS
Label: System Reserved
Size: 500.0 MB
Free: 169.3 MB
Used: 330.7 MB

Operation 2 of 2
Hard Disk: 1
Drive Letter: C
File System: NTFS
Label:
Size: 465.27 GB
Free: 442.28 GB
Used: 22.99 GB

Backup is now in progress

Starting Image - Friday, December 23, 2016 21:34:14
Initializing
Destination Drive: Seagate Backup Plus Drive (E:) - Free Space 476.62 GB
Free space threshold: Delete oldest backup sets when free space is less than 5.00 GB

Creating Volume Snapshot - Please Wait
Analyzing file system on volume
Analyzing file system on volume C:

You can wait for it to finish or....

Saving Partition - System Reserved
Reading File System Bitmap
Saving Partition

Saving Partition - <No Name> (C:)
Reading File System Bitmap
Saving Partition

If you are done with the computer for day you can toggle this setting to turn off your computer when the backup is finished.

Overall Progress: 5% Transfer Rate: 240.5 Mb/s

Time remaining: 9 Minutes

Current Progress: 3%

Time remaining: 6 Minutes

Low Priority

High Priority

On completion

Shutdown

Hide

Cancel

Pause

It is as simple as that